



Bob Parkins, LMFT
Licensed Marriage and Family Therapist

Family values
Personal growth
Christian integration

Sexual Addiction

"Addicted to Purity"

a group for men struggling with sexual integrity

Addictions to pornography and extramarital affairs have reached a crisis point. World-wide, pornography revenues gross over \$50 Billion! Unfortunately, the church is not immune to this addiction. Statistics indicate that pornography use and sexual addiction is on the rise. It is estimated that over 50% of men in church are struggling with pornography, and 9 out of 10 pastors are counseling parishioners on sexual issues.

While many churches are not yet equipped to handle issues of sexual addiction, more and more churches are beginning to address this problem by forming alliances with professional Christian counselors. A professional Christian counselor uses his/her talents and training in Theology & Psychology to guide people in healing old wounds, breaking old patterns of behavior, and developing new relational skills (1 Cor. 12).

About the group:

"Addicted to Purity" is a Christian-based, therapeutic group for men who struggle with sexual addiction or issues of sexual integrity. The group focuses on the emotional needs and conflicts that have enabled the addiction, or "acting out," to continue.

Real intimacy is stressed as a necessary part of healing a man's heart, and relationships that have been broken or damaged by sexual sin. The group meets weekly and is a great place to grow, find support, accountability, and tools to achieve and maintain sexual sobriety.

Group focus:

- Christian-based therapeutic approach
- Tools to achieve and maintain "sexual sobriety"
- Emotional needs and conflicts that have enabled the addiction or "acting out"
- *Real Intimacy* in relationships
- Support, accountability & acceptance

About the group facilitator:

Seminary trained, *licensed Marriage and Family Therapist*, **Bob Parkins, LMFT**, has been counseling individuals and couples since 1999, and facilitating groups for sexual purity and addictions since 2002.

Bob serves at "*Every Man's Battle*" workshops as a group facilitator, an experience he finds very rewarding. He has also been a guest on a local radio show, authored a handful of articles on the topic and is becoming known locally as an expert in men's issues, marriage and sexual addiction recovery.

Bob integrates his faith with counseling, believes scripture is the only source of *real* truth, and God the ultimate source of healing. He uses his training in psychology to speak the language of a culture that has lost the wisdom to fully submit to and integrate with God's Word.

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To Enroll or for Questions

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